

Makin' a List, Checkin' it Twice

“The birth of that marvelous wish in your soul, the dawning of that secret dream was the Voice of God himself, telling you to arise and come up higher because he had need of you.” – Emmet Fox

Each year around the beginning of December, from the time our son, Dillon, learned to write up until the time he was in college, he would reverently present us with his yearly Christmas Wish List. This was a family tradition his dad, Steve Hulse, and I enjoyed immensely - we'd pour ourselves a glass of wine and settle in for the reading of this well-written, often hilarious, yearly missive called, THE LIST. This wasn't just some numbered list in crayon, mind you - no, this was a veritable treatise on the virtues of each enumerated item for which he so yearned.

He took the time to really define what was important to him each year, because he knew only a few things would be under the tree. THE LIST included the items in order of priority, followed by the explanation/argument for why Dillon should receive this toy, movie, game, action figure, etc., complete with subheadings, like *Why it's cool*, *Where it's at* and *Cost*. Geez, what a guy, making it easy on the parents...

Perhaps your children have presented you with their Wish List for this Holiday Season.

Or, maybe you've been pondering what you'd like and have compiled your own Wish List?

Yes?

Oh, I'm not talking about your Wish List for Santa...

I'm talking about your **Wish List for Life**.

What do you really, really, really, really want?

Think of your Santa Wish Lists from childhood. What sounded like fun? What was it that made you happy? Ever wish for a pony or a fancy bike that seemed like an impossibility at the time?

Do you remember what it felt like to write the list or letter, then drop it in the mailbox, addressed to the North Pole? Or, to sit on Santa's lap and whisper your list into his ear? Remember the eager anticipation of believing that the wishes on that list might be fulfilled?

Let's recapture that feeling...

Will you do that now? Sit down and make a list of things or situations that would make

you happy, make your life better. Things that are fun, things that fill in the missing pieces of your purpose - a BIG list of wishes for YOURSELF that maybe up till now might have seemed improbable, if not even impossible.

Now, breathe some life into those wishes. What's great in your life right now - and, how can you have more of it? What does your life look like with that Wish List for Life fulfilled? Can you see it, smell it, taste it, feel it? Does it feel like YOU? What's important to you about the wishes on the list? What's kept you from having them in the past? How can you learn from past experience? What's different now? What inspired action can you take right now to make those wishes come true? Bring to mind your many strengths that will serve you to follow through on those baby steps and keep the vision alive.

You're used to making wishes come true for everyone else, especially at this time of the year.

It's your turn, now.

You CAN have the wishes on your Wish List for Life.

And, you are the ONE who has the power to make it so.

I believe in you...Now, believe in yourself...

Please leave your comments, questions and ideas below. And, remember, *"It is never too late to be what you might have been."* -George Eliot

Lisa :-)

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